

## INFANT FORMULAS

### If no formula is specified:

- Provide **Nestle Good Start with Omega 3 & 6**  
(If not available choose one of the substitutions below)

### Iron Fortified Milk Based Formulas up to 12 months (can be substituted for each other)

Nestle Good Start	Parents Choice (Organics) Omega 3 & 6
Nestle Good Start Natural Cultures	Presidents Choice (Organics) Omega 3 & 6
Enfamil A+	My Organic Baby Plus Omega 3 & 6
Enfamil with Iron	Life with DHA and ARA
Similac Advance step 1 with Omega 3 and Omega 6	President's Choice Step 1 with Iron
Similac Advance step 1 with Iron	Parent's Choice with Iron
Safeway Select with Iron	Kirkland with Iron
Enfamil Low Iron	

### Milk Based Formulas without Iron up to 12 months (can be substituted for each other)

**\*\* Low Iron Formulas are NOT recommended by Health Canada\*\***

Similac Advance Regular	Parent's Choice Regular Milk Based
Personnelle Milk Based Regular	Compliments little ones Regular
President's Choice	Safeway Select

### Milk Based Formulas up to 18 months (can be substituted for each other)

**\*\* If none are available, substitute from Iron Fortified Milk based formulas up to 12 months. Do not substitute 18 month formula for 12 month formula**

Nestle Good Start 2 with Omega 3 & 6	Enfapro
Nestle Good Start 2	Similac Advance Step 2
Nestle Follow Up	President's Choice Step 2 Plus Omega 3 & 6
Enfapro A+	Parent's Choice 2 with Omega 3 & 6
Similac Advance Step 2 with Omega 3 & 6	

### Soy Based Formulas up to 12 months (can be substituted for each other)

Nestle Alsoy with Omega 3 and 6	President's Choice Soy with Omega 3 and 6
Enfamil A+ Soy	Parent's Choice Soy with Omega 3 and 6
Isomil Advance with Omega 3 and 6	Isomil

### Soy Based Formulas up to 18 months (can be substituted for each other)

**\*\* If none are available, substitute from Soy Based formulas up to 12 months. Do not substitute 18 month formula for 12 month formula**

Nestle Alsoy 2 with Omega 3 and 6	Isomil Step 2
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### Special Formulas for allergies and medical conditions. CANNOT BE SUBSTITUTED FOR EACH OTHER AND SHOULD BE GIVEN BY REQUEST ONLY

Enfamil Nutramigen	Enfamil Pregestimil
Similac Alimentum	Neocate Infant
Similac Sensitive Lactose Free	Enfamil Lactose Free
Enfamil Gentlease A+	Parent's Choice Gentle with Omega 3 & 6
Enfamil A+ Thickened	